



## YOU CAN DO THIS

### SELF DEFENSE CLASS FOR WOMEN

#### Hosted by the Newport Police Department

Attention all women/young females who want to acquire self-defense through education and physical training

March 20<sup>th</sup> - 6:00PM to 9:00PM

March 21<sup>th</sup> – 6:00PM to 9:00PM

March 22<sup>th</sup> – 6:00PM to 9:00PM

March 23<sup>th</sup> – 6:00PM to 9:00PM

(Must attend all dates)

Held at The Newport Elks Lodge, 141 Pelham St, Newport, RI

\*There is a 10\$ fee, which is refundable if you attend all classes.

Please Bring this Completed Form to **Officer Foster** at the Newport Police Department or contact by email.

120 Broadway

Newport, RI, 02809

[bfoster@cityofnewport.com](mailto:bfoster@cityofnewport.com)

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone Number \_\_\_\_\_